

## Transportation Carbon-reducing actions

This list provides possible changes you could consider. We emphasize that it's essential to:

- understand why we lead such carbon-dependent lives;
- integrate change with your values;
- understand why change can be difficult;
- integrate change in your life, rather than adopting a few token behaviours.

Use the list to help you recognize your achievements and make a plan for each area of your carbon footprint.

Each item has a star rating or a ⚡ symbol against it. The more stars, the more CO<sub>2</sub> that action will save. With each additional star the CO<sub>2</sub> savings roughly double, so try to make sure you have some three, four or five star actions as well as lots of ones and twos. The star ratings for home energy relate to a whole house. Those for travel, food and consumption relate to an individual person.

⚡ items are either:

- helpful steps that don't make a direct CO<sub>2</sub> saving themselves;
- actions with a very small CO<sub>2</sub> impact that are environmentally useful for other reasons.

It is difficult to generalize about how much CO<sub>2</sub> any one action saves. There are too many complex factors: how large your footprint was to start with, the details of your particular house, car and lifestyle and the interactions between the various actions you take.

The star ratings can only show you whether a particular action is likely to have a large or a small impact.

Travel	Star Rating	I was rating doing this already	I've started doing this since joining the group	I'm planning to do this in the future
60. Keep a travel diary and monitor fuel use	*			
61. Download the “Transit” app and learn how use it to navigate local transit	★			
62. Take a bus to Barrie	★			
63. Learn about new ways to travel: ebike, etrike, escooter, Segway Smart Wheel, velomobile, mobility scooters and covered scooters.	****			
64. Get one of the new ways to travel from 63. And learn how to ride it.	★			
65. Find a travel partner & share your commuting	***			
66. Share the school run with other families	**			
67. Walk or cycle the children to school	**			
68. Walk or cycle to work every day	***			
69. Walk or cycle to work in the summer or on fine days	**			
70. Find a friend to cycle with/share good routes	★			
71. Shorten your car commute by 50 km a day by changing job or moving	*****			
72. Take a bus and the go Train to Toronto	*****			
73. Work from home one or more days per week	***			
74. Keep to the speed limit	**			
75. Leave the car at home for trips of 1km or less	***			
76. Check tire pressures regularly	*			
77. Remove heavy items/roof rack from the car when not in use	*			
78. Drive smoothly, avoiding unnecessary changes of speed	**			
79. Combine car trips together	**			
80. Use a bike trailer (for transporting either goods or children)	*			
81. Trade down to a smaller more efficient car	****			
82. Halve your car mileage	*****			
83. Replace a gas car with a new or used electric vehicle	*****			
84. Set a yearly car driving limit of 10% below last year	**			



85. Set up or join a car share scheme	**			
86. Use the car only in emergencies	****			
87. Get rid of the car	****			
88. Use your bike for trips of 3km or less	****			
89. Holiday nearer to home in Ontario	*			
90. Take the bus or train on holiday	*			
91. Plan leisure trips round the coach/train instead of the car	*			
92. Explore good days out by public transport	★			
93. Replace other transportation with electric: Snowmobile, Motorcycle, Seadoo, or 4 Wheeler	****			
94. Reduce flights by 50%	***			
95. Reduce flights by 75%	****			
96. Fly only in emergencies	****			
97. Fly only to see family overseas	***			
98. Reduce frequent trips to family overseas	*****			
99. Stop flying altogether	*****			
100. Travel – your own actions ..... .....				